

Jars of Change Lent appeal 2011



WaterAid transforms lives by improving access to safe water, hygiene and sanitation in the world's poorest communities.

Registered charity numbers 288701 (England and Wales) and SC039479 (Scotland)



Lesson plans and accompanying materials

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Introduction

This lesson plan asks pupils to consider the things that children in the world's poorest countries have to go without because of a lack of water or adequate toilet facilities. Pupils are given the opportunity to reflect on what they could give up during Lent, the effect this may have on their lives and how this could lead to a fundraising or campaigning action. The activities also allow pupils to prepare a presentation and a display to inform others about what they have given up for Lent and why.

“If we had a handpump here our lives would change. The water is cleaner from that than it is from here; it would reduce diseases. I would feel very happy giving water to my children from a handpump! Maybe it would reduce my children being so sick...”

Beauty Chiimbwe (pictured above with her children), Kayola village, Zambia

Curriculum links

This lesson plan fits particularly well with RE, Citizenship, Geography and PSHE.

Aims

- To consider the effects of not having easy access to clean water.
- To reflect on why people give things up for Lent.
- To find out about WaterAid's work and think of ways to fundraise and spread awareness.

Keywords

Lent
Sanitation

Notes for teachers

The lessons act as a stimulus for debate and discussion around many development issues and can be used as they are or adapted to explore the subject in more depth.

The lesson plans can be used as the basis for a number of lessons, and allow the teacher to choose whether to cover all aspects of the plans or just a few. Some of the activities might be particularly suitable for homework or extension work. Resources can be found at the end of the lesson plans.

There are suggested questions for students which can be used for written work or class discussion. They are a guide for using the resources and stimulus material and can be adapted to suit specific learning groups.

Credits and acknowledgements

All photos: WaterAid/Anna Kari

Lesson plans

Key question	Activity	Resources
<p>Why do Christians give things up for Lent?</p>	<p>Discussion</p> <ul style="list-style-type: none"> Explain to the group that Lent is the time when Christians give things up that they enjoy, acknowledging the time when Jesus fasted in the desert. It is a test of self discipline. Some people give up specific types of food, such as meat, fat or dairy products. Others may give up a favourite activity or pastime. Discuss some of the things people might give up for Lent. Ask the group whether people are forced to do this or whether it is a choice, and how long they give things up for. 	
<p>What do millions of children in the developing world have to give up every day?</p>	<p>Discussion</p> <ul style="list-style-type: none"> Ask the pupils to imagine what it would be like to not have clean water or a toilet. What problems do they think this could cause? Ask them where they think water could be obtained from if they didn't have a tap. Explain that some children have to walk many miles for hours each day in order to fetch water for their families. Could children go to school if they needed to fetch water from miles away for hours every day? Would people like teachers be able to work if there were no toilets or clean water? How might this affect people's health? <p>Film / reading / discussion</p> <ul style="list-style-type: none"> Watch Beauty's story (just under three minutes long) and read through the transcript. Ask the pupils the following questions: <ul style="list-style-type: none"> Why might Beauty be frightened? What happened to Beauty's first child? What is the problem with the open wells? What is causing the children to get sick? What do Beauty and her children have to do if they need to go to the toilet? What does the water that the family collects look like? What do the children in the story have to give up every day? How might life be different for these children if they didn't have to give these things up? Display the WaterAid Lent appeal poster on the classroom wall or print it out and give the pupils a copy each. Ask them what the poster is asking people to do? What sort of things does it suggest they might give up? How will this enable WaterAid to help families gain access to clean water and sanitation? Give the pupils a copy of the WaterAid shopping list so they can see what can be bought with the money donated. 	<p>Beauty's story http://www.wateraid.org/beautyfilm</p> <p>Beauty's story – transcript sheet (page 6)</p> <p>WaterAid Lent appeal poster (page 7)</p> <p>WaterAid shopping list (page 8)</p>

<p>What will you give up for Lent?</p>	<p>Discussion</p> <ul style="list-style-type: none"> • Ask the pupils what they might be able to give up for Lent. What does the thing they intend to give up usually cost them? Ask them to work out how much money they could save by giving up their chosen item over Lent. For example if they would normally buy a soft drink every day that costs 50p, over 40 days they would save £20. WaterAid is suggesting that the money saved could be donated to help others access safe water and sanitation. The pupils could pledge to donate what they save, or a percentage of it, to WaterAid. <p>Creative</p> <ul style="list-style-type: none"> • Give each pupil a jar template sheet and ask them to draw what they are giving up for Lent inside the jar. They can be as creative as they wish and could paint, draw or create a collage using the things they are going to give up (for example sweet or chocolate wrappers, crisp packets, cut up milk cartons). The completed jar posters could be used to create a display about Lent and WaterAid. • Alternatively, the pupils could make actual jars out of papier mâché or clay, and decorate them with pictures of what they intend to give up. <p>Take action!</p> <p>The pupils can put their donations inside their jars (if they have made one) or you could have a large jar in class to collect together all the donations. If the jar is made of clear glass or plastic, a jar sleeve (available from WaterAid) can be inserted to remind everyone why they are giving something up for Lent.</p>	<p>Jar template sheet</p>
<p>How can you let others know about the WaterAid Lent appeal?</p>	<p>Writing / speaking</p> <p>If possible both the options below should be offered to the pupils:</p> <p>Newspaper report activity</p> <p>The pupils can plan a newspaper report about WaterAid’s Lent appeal. They will need to include:</p> <ul style="list-style-type: none"> • How the Jars of Change appeal works. • Who the money raised will benefit and how. • Why the funds are needed. Use examples and quotes from Beauty’s story. • Other important facts to highlight the importance of the appeal. <p>Take action!</p> <p>The pupils design a newspaper front page and write up their final report on it. Copies could be made and given out to other pupils or taken home and given to parents and carers to encourage them to get involved. They could also get in touch with local newspapers to see if they could have their story featured.</p>	

	<p>Radio report activity The pupils can plan a radio report about WaterAid’s Lent appeal. They will need to include:</p> <ul style="list-style-type: none">• How the Jars of Change appeal works.• Who the money raised will benefit and how.• Why the funds are needed. Use examples and quotes from Beauty’s story.• Other important facts to highlight the importance of the appeal. <p>Take action! The reports could be recorded and played during an assembly, broadcast on school radio or even a podcast for people to download and listen to. The pupils could also contact local radio stations and ask if their report could be featured on one of their programmes.</p>	
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Beauty's story – transcript

Beauty's story – Kayola village, Zambia

“I do not feel good considering what has already happened. I am very frightened.

The water that I give my children, I just give it to them because I can't give them anything else.

Although, I am very frightened that one will die again, like before. He was called Hampanda. He got sick; he developed a body temperature and got diarrhoea.

Then I took him to the clinic where they treated him. When I brought him home from the clinic, only two days passed before he died.

There isn't an area which we have allocated for going to the toilet. We just go far enough away from the house and sit anywhere.

There is a link, especially during the rainy season, considering that our wells are not covered, they are just open. So it is possible that the rainwater can wash our faeces into the well – because the rainwater is flowing everywhere.”

Beauty Chiimbwe – mother

Mutinta's story – Kayola village, Zambia

“They stopped the children going to school last year. They closed the school for two months.

The school opened late, after the rains ended. That is when the children were allowed to go to school.

A lot of time you find that diarrhoea does not finish, especially amongst the children. Us adults also get diarrhoea.

But you find that the children get ill more frequently because of the dirty water that we drink. The water we drink is not right; when you drink you have fear. Maybe God will be able to protect our lives.”

Mutinta Chila - mother



What will you give up for Lent?

Every single day, across the developing world, children are forced to give up things most of us take for granted. Their time. Their education. Their health. Simply because they do not have access to safe, clean water. Turn jars of change into jars of water this Lent and help families access the safe water and sanitation that they so desperately need.

For more information please visit www.wateraid.org/lent.



WaterAid

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Shopping list

£14 could pay for a family to build their own pit latrine which they can all use safely.

£52 could buy a bicycle to help a community health worker spread the message of good hygiene.

£100 could pay for four trained facilitators to work with a village for four days to raise awareness on hygiene and sanitation.

£304.50 could buy enough cement to build the base structures of 420 toilets that entire communities can safely use.

These prices reflect what could be purchased in Zambia.



Name:



This year, I am giving up _____ for Lent. The money I save this Lent will enable WaterAid to help families across the world gain access to safe water and sanitation.

