

Teaching PACKS

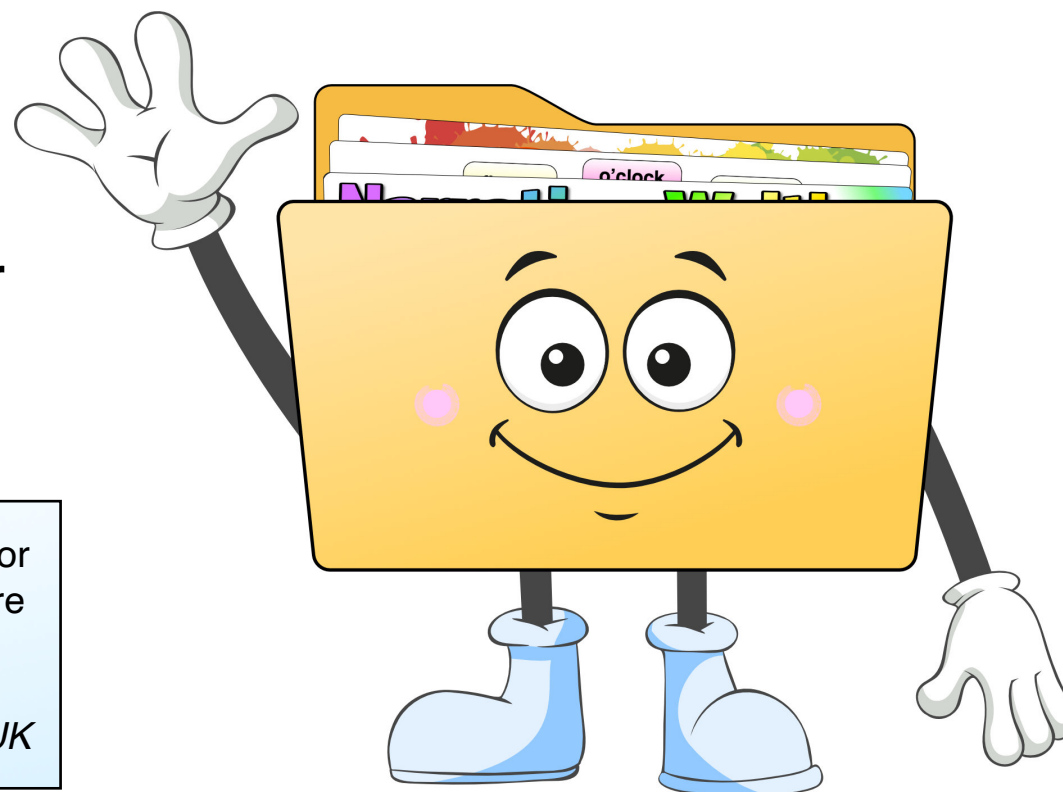
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Dawn, Primary Teacher, UK



How to Brush Your Teeth

Remember to brush your teeth at least _____ daily
for about two _____ with fluoride toothpaste.

1 Wet your toothbrush under
the _____.



2 Squeeze a _____ amount
of toothpaste onto your brush.



3 Brush your teeth for _____
minutes using a circular motion.



4 Make sure that you brush the
_____, back and top of
every _____.



5 Spit out any excess toothpaste.
Don't _____ your mouth
with water after brushing.



6 Rinse your _____
and put it away.



Add these words in the correct spaces above.

toothbrush	tooth	two
rinse	front	twice
pea-sized	minutes	tap

