

Secondary Schools

Assemblies slide show

Teachers sheet 1



Secondary Assembly for Sport Relief 2012

You will need:

- a projector
 - download of the PowerPoint
 - 3 glasses
 - half a teaspoon of instant coffee (to look like mud) or real mud if you are feeling adventurous!
 - a game member of staff to do the Water Activity with you.
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The assembly is split into three sections:

1. What is Sport Relief?
2. Why fundraise for Sport Relief?
3. How can I get involved?

The numbers in **bold** indicate the number of the slide in the PowerPoint presentation.

The words in **bold** are the text on the corresponding PowerPoint slides.

Section 1: What is Sport Relief?

1. What is Sport Relief?



2. Sport Relief is brought to you by Comic Relief. It brings people together to get active, raise money and change lives. And have fun doing it!



3. The money raised helps vulnerable and disadvantaged people in the UK and across the world's poorest countries.

Explain that Sport Relief has a history of dedicated people doing extraordinary things to make a difference.



4. Explain that for Sport Relief 2010 Eddie Izzard ran around the whole of the UK in 51 days.

Note to teacher: If you'd like to show Eddie Izzard's Challenge film you can download it at www.sportrelief.com/teachers/assemblies



5. The Facts:

During that time he ran 43 marathons (which is over 1160 miles)
He ran at least 27 miles a day, 6 days a week for 7 weeks.

Explain that despite agonising blisters and toenails falling off, he kept going and raised over £1.8 million.



Section 2: Why fundraise for Sport Relief?

6. Why do people fundraise for Sport Relief?

Explain that you'll need another member of staff to help you answer this question.

Water Activity

Give your primed staff member the glass with the dissolved coffee/mud from the school playing field.

Ask him/her what they think is in it.

Explain that if you were living in a slum in Kibera, Kenya, then there would definitely be human sewage in there.

Ask if they would drink it.



7. 1 in 8 people do not have access to clean water.

Give your primed staff member a glass of clean water, and then very deliberately sneeze/cough over it.

Ask him/her what they think is in it.

Ask if they would drink it.



8. 3.4 million people die each year from water related-diseases. 84% are children.

Give your staff member a glass of clean water.

Ask them what they think is in it.

Ask them to drink it (they can then sit down).

Explain that in the UK we take for granted having access to clean, safe water.

A percentage of the money raised for Sport Relief in 2012 will help give people access to clean water.



9. Just £3 could provide a child living in Africa with access to safe clean water.



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10. How can I get involved?

Explain that Sport Relief wants schools to hold fun sporting events that will help raise money.

Explain that on Friday 23rd March 2012 your school will be doing Sport Relief and that they can take part in many different types of sporting activities – but it is important to have fun while they do it! A few ideas of things they could take part in are:

- a teacher vs. pupils game of basketball, netball (or any other sport that comes to mind!)
- a student dance-off
- a sponsored 24-hour sports match
- a sports quiz you pay to take part in.

Explain that this year, as part of all the sporty fun schools up and down the UK will be having, Sport Relief is looking to recruit a million people to do the Sainsbury's Sport Relief Mile.

Tell them that they can be part of a million milers by taking part in a mile event in their school.

They could:

- run the mile in fancy dress
- dribble a football for a mile
- egg and Spoon race the mile
- space hopper for a mile
- do a blind-folded mile

Explain that not only will taking part in the mile be fun, but they'll be part of a huge UK campaign.



11. Friday 23rd March 2012

Round up the assembly by encouraging everyone to get involved, whatever they choose to do, tell them with their help Sport Relief 2012 will be the best campaign ever!

